

Bone Sanctifier

- *He sent His word and healed them, and delivered them from their destructions. Psalm 107:20*
- *Heal me, O LORD, and I shall be healed; Save me, and I shall be saved, for You are my praise. Jeremiah 17:14*
- *But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed. Isaiah 53:5*
- *...who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness--by whose stripes you were healed. 1Peter 2:24*

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- Side effects of some medications have been linked to bone loss
 - American wheat (excess gluten) compromises intestinal lining that can challenge bone health
 - Reduced oxygen from snoring and loss of breathing promotes acidity that pulls calcium off the bone
 - Emotions such as grief, shame, envy, and despair can affect the health of our bones (see scriptures below)
 - 1 pill per day of Life Extension's Vitamins D and K with Sea-Iodine™ (5000 iu D3) (60 days)
 - CalPlex from Karuna – 2 pills per day (will last 90 days)
 - Strontium from Douglas Labs – 1 pill per day (will last 90 days)
 - Bone jarring exercise will increase bone strength
 - Maintaining testosterone levels in men and estrogen, progesterone levels in women significantly support bone strength

Power through prayer and laying on of hands

- *And it happened that the father of Publius lay sick of a fever and dysentery. Paul went in to him and prayed, and he laid his hands on him and healed him. Acts 28:8*
- Ps 31:10 For my life is spent with grief, and my years with sighing: my strength faileth because of mine iniquity, and my bones are consumed.
- Ps 38:3 There is no soundness in my flesh because of Your anger, nor any health in my bones because of my sin.
- Pr 14:30 A sound heart is the life of the flesh: but envy the rottenness of the bones.
- Pr 16:24 Pleasant words are as honeycomb, sweet to the soul, and health to the bones.
- Pr 17:22 A merry heart doeth good like a medicine: but a broken spirit drieth the bones.
- Daily prayer – Lord, I ask You to heal me by the stripes that Jesus bore for my physical healing. (Lay your hands on your heart.) Therefore in Jesus name I speak to my bones to be clean of iniquity by the blood of Jesus. I tell my bones to be healthy and made strong by the power of Your word. I let go of my grief and brokenness and I take up the joy of my salvation. I ask You to send this nutrition to where it is needed to support my bones and my overall health.

Nutritional support has not been determined to heal or cure any condition or disease by the FDA, or else it would be declared a drug by the FDA. The information provided herein is intended for your spiritual edification and educational purposes only and is not a substitute for advice, diagnosis or treatment by a licensed physician. It is not meant to cover all possible precautions, drug interactions, circumstances or adverse effects. You should seek prompt medical care for any medical issue and consult your medical doctor before implementing changes to your current regimens. If you gain any benefit from utilizing this information, it is due to the exercise of your faith and because the spoken Word of God does not return void. *(So shall My word be that goes forth from My mouth; It shall not return to Me void, but it shall accomplish what I please, and it shall prosper in the thing for which I sent it. Isaiah 55:11)*